**Bonding Squares**

This is a special request from the Neonatal unit at the Maternity Unit, Lister.

They are in need of some FABRIC bonding squares, these are small squares that come in pairs, same colour or pattern that are used by mother and baby.

The baby lays on one and the mother keeps one on her skin, they are then swapped over so the mother has the smell of the baby and the baby has the smell of the mother to help with the bonding process as they can’t be skin to skin for a while. Dad’s use them as well.

The fabric bonding squares should be a finished about 4 1/2” ” finished but 4" finished or larger would do just as well. I find that 5” square is an easy size to cut from fabrics and also not too fiddly to stitch and turn.

When turned I sew a row of stitches around the edge which also closes the turning gap. They need to be double fabric so all seams are inside and no threads can come off onto the baby. Although these are called bonding ‘squares’ they can be any shape, squares, circles, hearts, rectangles but please do them in pairs of the same fabrics so mother and baby can have one of each and keep track of their ‘pair’.

Please get back to me if you have any questions. And thank you so much for contributing and helping these little ones and their families.